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Li

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(54) **TISSUE ANCHOR WITH INSERTION
DEVICE**

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(2013.01); **A61B 2017/00867** (2013.01); **A61B**
2017/2902 (2013.01)

(58) **Field of Classification Search**

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See application file for complete search history.

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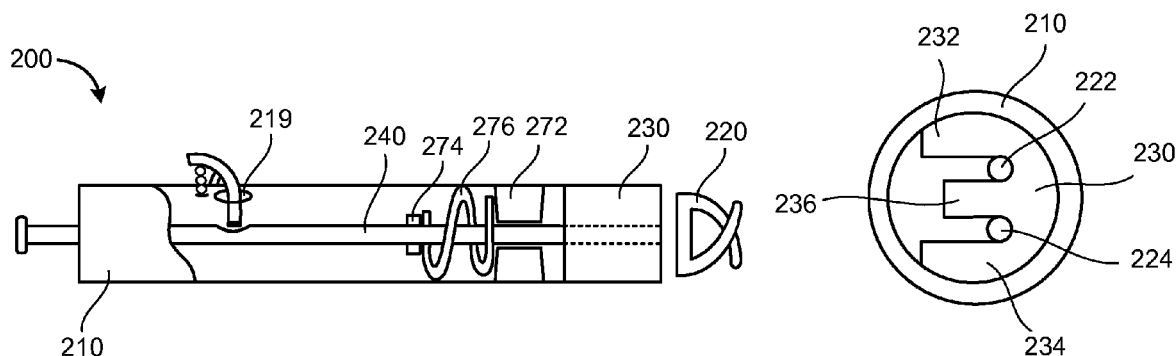
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ABSTRACT

In one embodiment, a medical device includes an elongate
member and a tissue anchor. The elongate member defines
a lumen. The elongate member has a retention member
disposed within the lumen. The tissue anchor has a first arm
portion, a second arm portion, and a base portion extending
between the first arm portion and the second arm portion.
The tissue anchor has a first configuration and a second
configuration. The first arm portion is substantially linear
when the tissue anchor is in its first configuration and the
first arm portion is non-linear when the tissue anchor is in its
second configuration. The tissue anchor is biased to its
second configuration. The tissue anchor is configured to be
disposed within the lumen defined by the elongate member
such that the retention member engages the tissue anchor to
help retain the tissue anchor in its first configuration.

17 Claims, 9 Drawing Sheets



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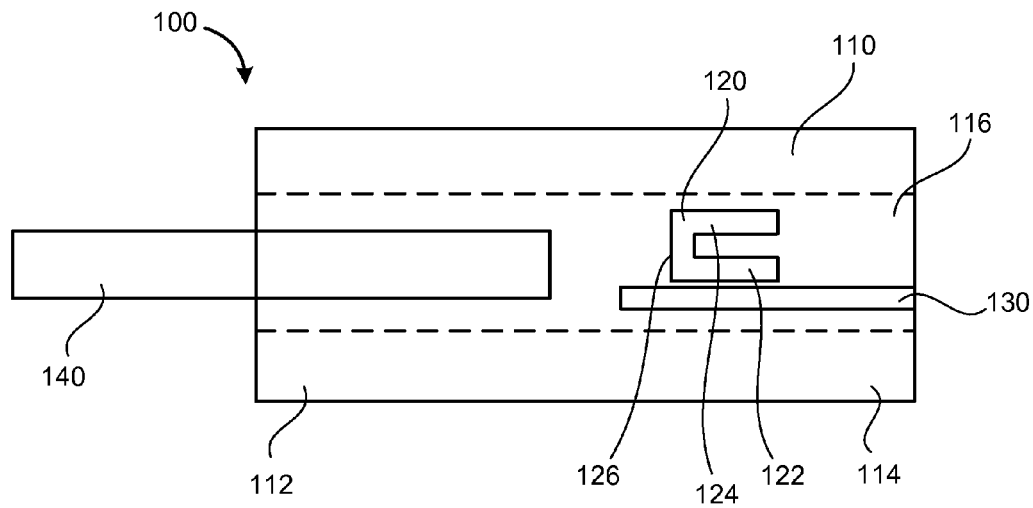


FIG. 1

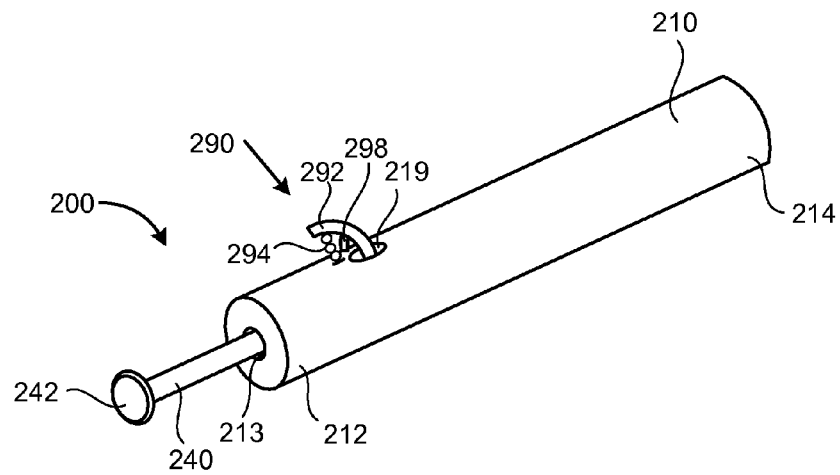


FIG. 2

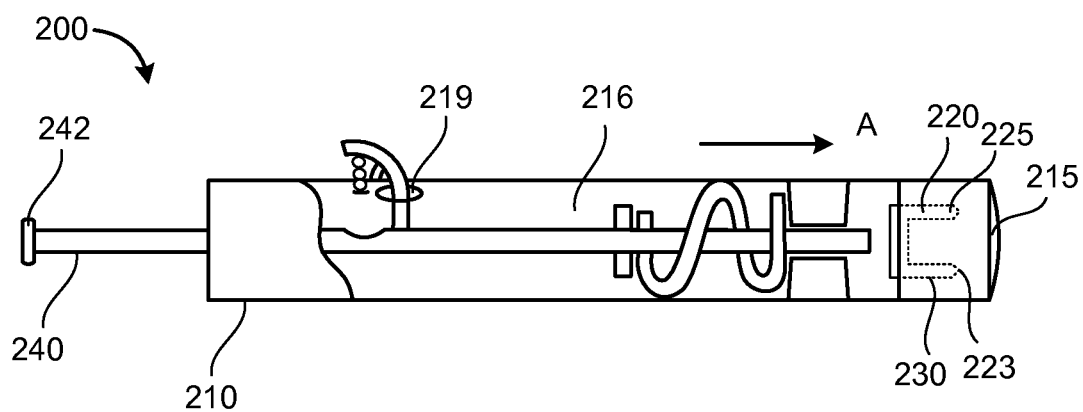


FIG. 3A

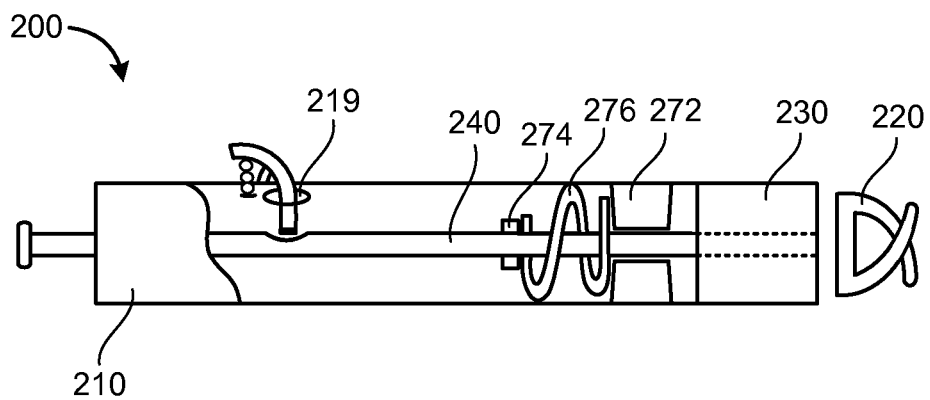


FIG. 3B

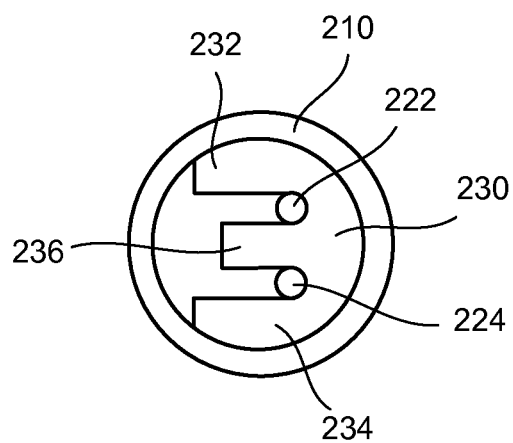


FIG. 4

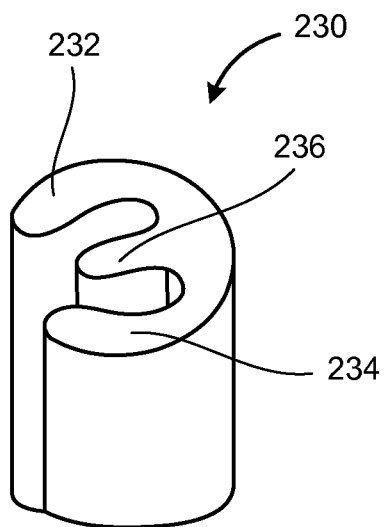


FIG. 5

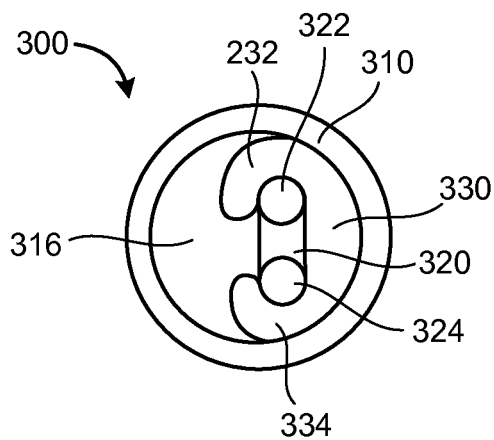


FIG. 6A

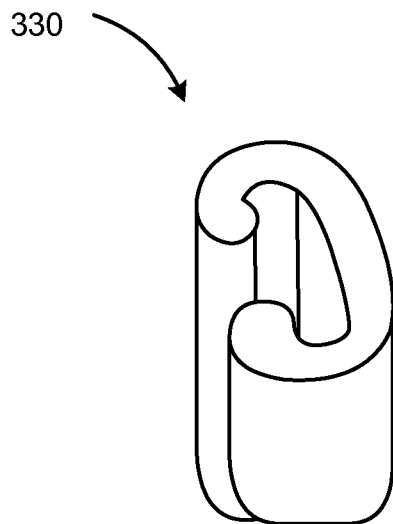


FIG. 6B

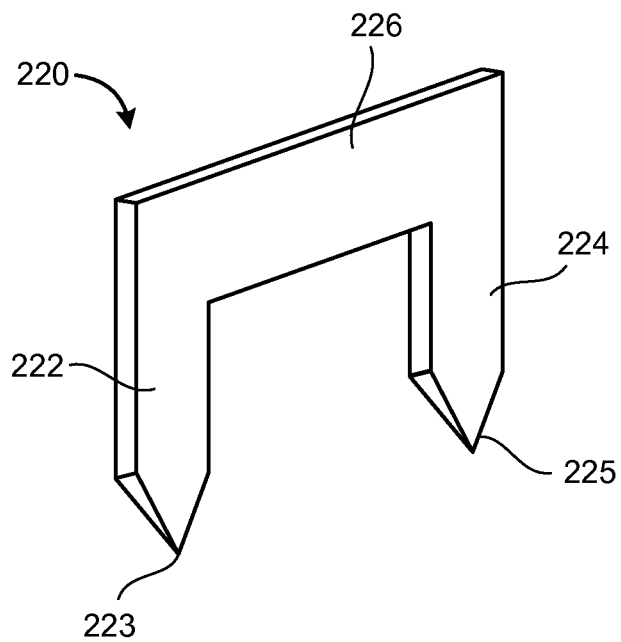


FIG. 7

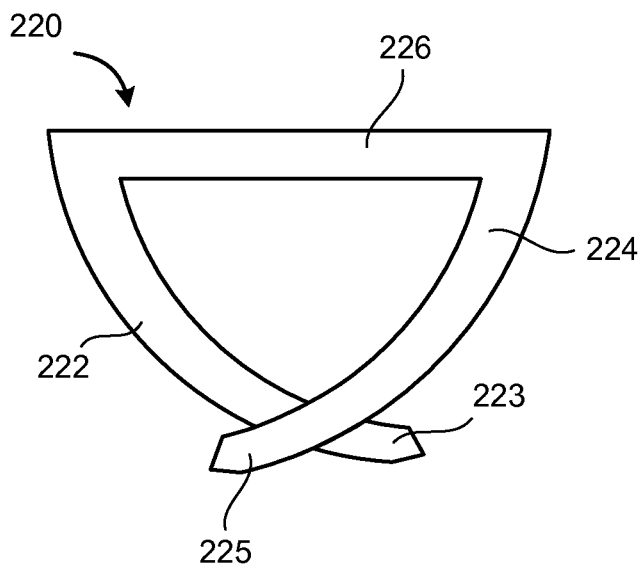


FIG. 8

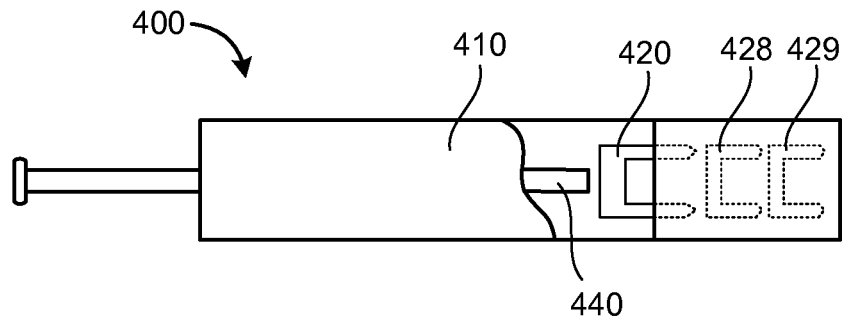


FIG. 9

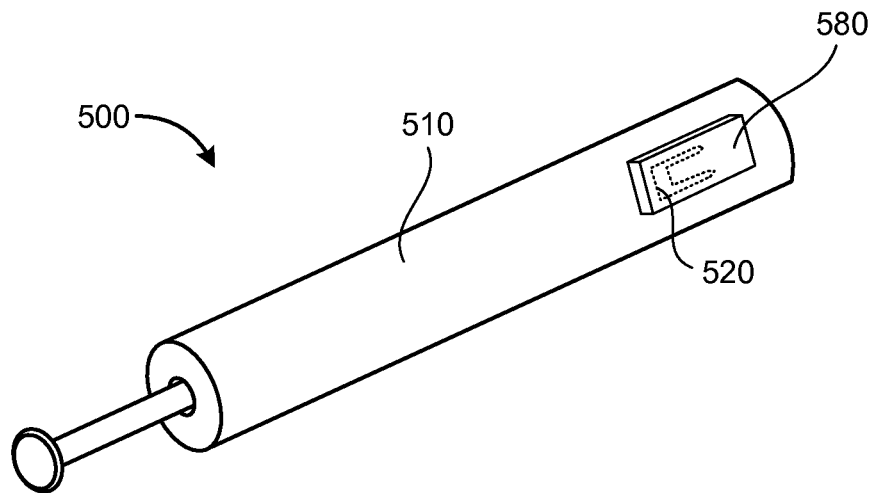


FIG. 10

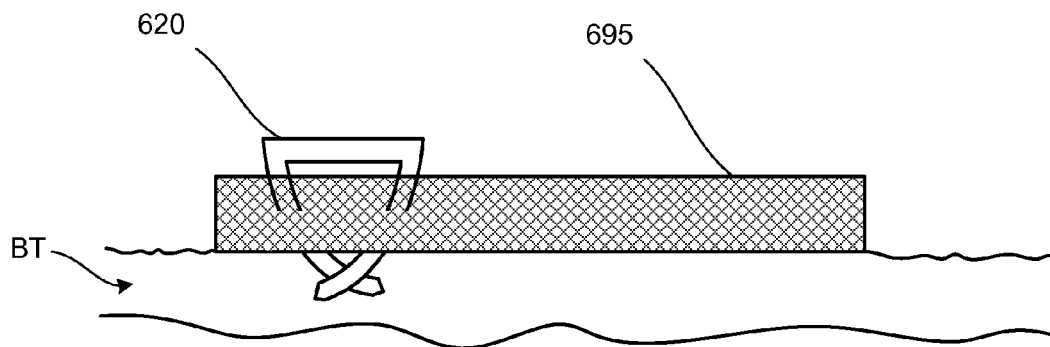


FIG. 11

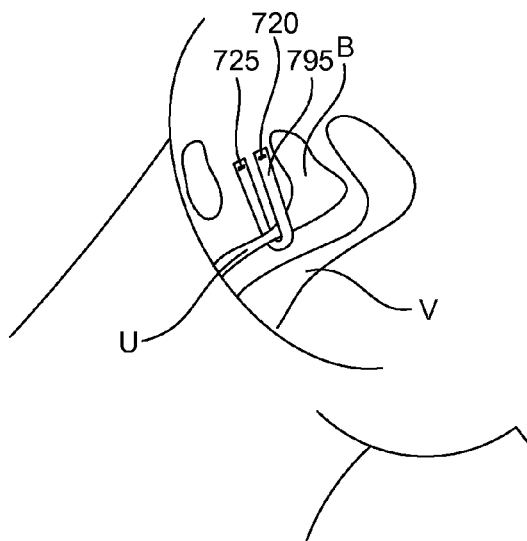


FIG. 12

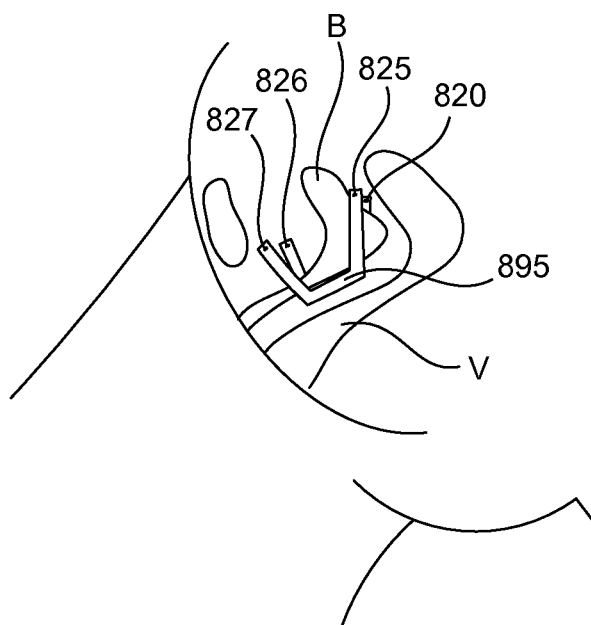


FIG. 13

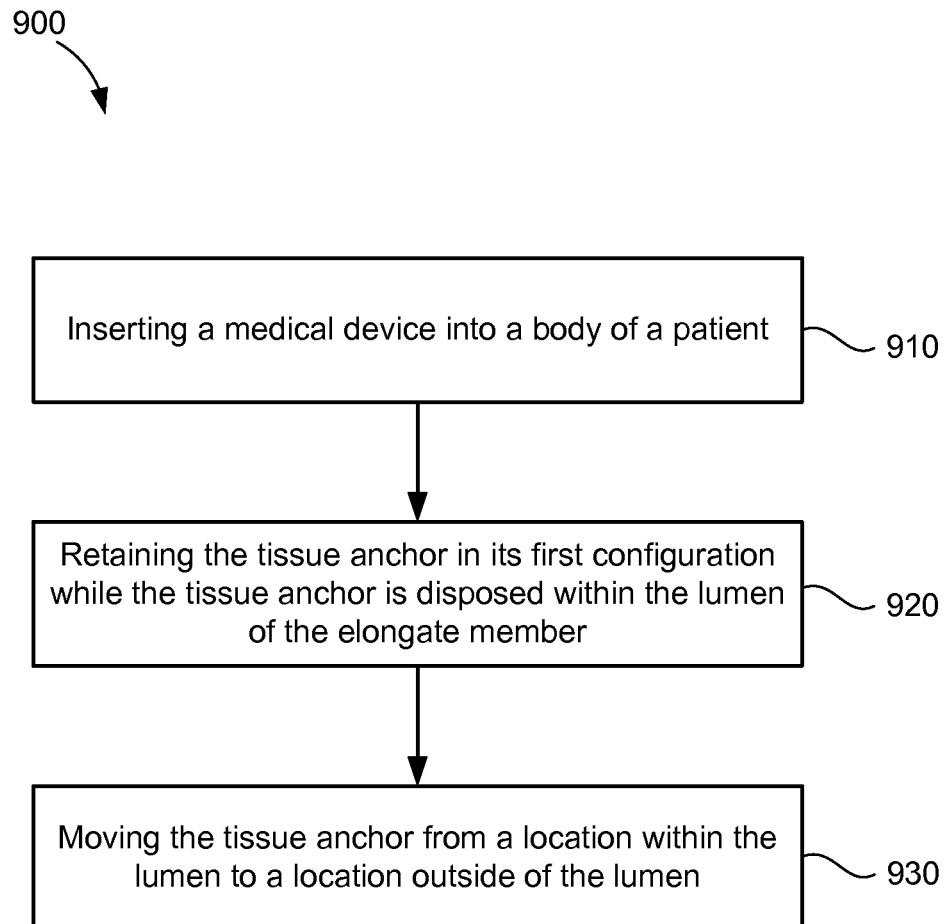


FIG. 14

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TISSUE ANCHOR WITH INSERTION DEVICE

CROSS-REFERENCE TO RELATED APPLICATION

This application is a Nonprovisional of, and claims priority to, U.S. Patent Application No. 61/532,803, filed Sep. 9, 2011, entitled "TISSUE ANCHOR WITH INSERTION DEVICE", which is incorporated by reference herein in its entirety.

TECHNICAL FIELD

This disclosure relates generally to medical devices and more particularly to medical devices that include fixation devices or tissue anchors.

BACKGROUND

A variety of medical procedures are performed to provide support to portions of a body of a patient. For example, some medical procedures are performed to treat various female pelvic dysfunctions, including procedures to treat urinary incontinence, and correcting various prolapse conditions such as uterine prolapse, cystoceles, rectoceles, and vaginal vault prolapse.

Some such medical procedures include placing a support member or implant into the body of the patient such that the support member or implant provides support to a portion of the body of the patient. Specifically, in some medical procedures, the support member or implant may be fixed or coupled to the body of the patient at various locations within the body of the patient and a support portion of the support member or implant may be placed beneath the portion of the body to be supported.

In some known medical procedures, tissue anchors or fixation devices are used fix or couple portions of the support member to portions of the body of the patient. A need exists for fixation devices or tissue anchors that effectively retain a support member in place within a body of a patient. A need also exists for a tool for effectively placing such fixation or tissue anchors inside the body of the patient.

SUMMARY

In one embodiment, a medical device includes an elongate member and a tissue anchor. The elongate member defines a lumen. The elongate member has a retention member disposed within the lumen. The tissue anchor has a first arm portion, a second arm portion, and a base portion extending between the first arm portion and the second arm portion. The tissue anchor has a first configuration and a second configuration. The first arm portion is substantially linear when the tissue anchor is in its first configuration and the first arm portion is non-linear when the tissue anchor is in its second configuration. The tissue anchor is biased to its second configuration. The tissue anchor is configured to be disposed within the lumen defined by the elongate member such that the retention member engages the tissue anchor to help retain the tissue anchor in its first configuration.

In another embodiment, an apparatus includes an elongate member, a retention member, and a pusher. The elongate member has a first end portion and a second end portion. The elongate member defines a lumen configured to receive a tissue anchor such that a tissue piercing portion of the tissue anchor is disposed within the lumen. The retention member

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is disposed within the lumen defined by the elongate member. The retention member is configured to help retain at least a portion of the tissue anchor in a linear configuration. The pusher is configured to move within the lumen from a first position within the lumen to a second position within the lumen. The pusher is configured contact and force the tissue anchor from a location within the lumen to a location outside of the lumen in response to the pusher being moved from the first position to the second position.

In yet another embodiment, a method of placing an anchor within a body of a patient includes (1) inserting a medical device within the body of the patient, the medical device includes an elongate member defining a lumen, and a tissue anchor disposed within the lumen, the tissue anchor has a first configuration in which an arm portion of the of the tissue anchor is substantially linear and a second configuration in which the arm portion is non-linear, (2) retaining the tissue anchor in its first configuration while the tissue anchor is disposed within the lumen defined by the elongate member, and (3) moving the tissue anchor from a location within the lumen defined by the medical device to a location outside of the lumen.

BRIEF DESCRIPTION OF THE DRAWINGS

FIG. 1 is a schematic illustration of an apparatus according to an embodiment of the invention.

FIG. 2 is a perspective view of an apparatus according to an embodiment of the invention.

FIGS. 3A and 3B are break away side views of the apparatus of FIG. 2.

FIG. 4 is an end view of the apparatus of FIG. 2.

FIG. 5 is a perspective view of a retention member of the apparatus of FIG. 2.

FIG. 6A is an end view of an apparatus according to an embodiment of the invention.

FIG. 6B is a perspective view of a retention member of the apparatus of FIG. 6A.

FIG. 7 is a perspective view of a tissue anchor of the apparatus of FIG. 2 in a first configuration.

FIG. 8 is a side view of the tissue anchor of FIG. 7 in a second configuration.

FIG. 9 is break away side view of an apparatus according to an embodiment of the invention.

FIG. 10 is a perspective view of an apparatus according to an embodiment of the invention.

FIG. 11 is a perspective view of a tissue anchor engaged with a bodily implant.

FIGS. 12 and 13 are schematic illustrations of implants disposed within a body of a patient.

FIG. 14 is a flow chart of a method of placing an implant within a body of a patient according to an embodiment of the invention.

DETAILED DESCRIPTION

The devices and methods described herein are generally directed to procedures for placing implants within a body of a patient. In some embodiments, the implants are pelvic implants (e.g., posterior support implants, anterior support implants, total pelvic floor repair implants) and the delivery and placement of such implants within a pelvic region (also referred to herein as "pelvis") of a patient. An implant can be placed into the pelvic space of a patient and secured at any of several locations within the pelvic space to treat many different pelvic floor dysfunctions. For example, an implant can be secured to a sacrospinous ligament or a ureterosacral

ligament for uterine preservation (e.g., if a prolapsed uterus is otherwise healthy, a hysterectomy is not preformed and the uterus is re-suspended with an implant), or for posterior support. In another embodiment, an implant can be secured to pubo-urethral tissue or an obturator muscle (e.g., internus or externus) or membrane (each also referred to herein as “obturator”) to treat, for example, incontinence. In yet another embodiment, an implant can be secured to a sacrospinous ligament or an arcus tendineus fascia pelvis (i.e., white line) (also referred to herein as “arcus tendineus”) for paravaginal repairs including, for example, cystoceles, rectoceles and enteroceles. An implant can also be secured to various combinations of such locations. A single implant or multiple implants can be used in a single procedure. In some applications, when multiple implants are used, support can be provided in desired areas and improved control of the direction of stretch or support of the implant can be achieved.

Various fixation devices or tissue anchors, delivery devices, and methods are described for delivering and securing an implant within the body of the patient. The implants, fixation devices, delivery devices, and procedures described herein may be used in a female patient or a male patient.

An implant according to an embodiment of the invention can be implanted, for example, through a vaginal incision, in a retro-pubic direction (behind the pubic bone), or in a pre-pubic direction (in front of the pubic bone). In other embodiments, an implant can be placed in the direction of other anatomical structures or tissues as desired. A procedure to deploy a pelvic implant can include vaginal incisions, such as an anterior vaginal incision and/or an anterior vaginal incision. In some embodiments, a procedure may include an exterior incision.

FIG. 1 is a schematic illustration of an apparatus or medical device 100 according to an embodiment of the invention. The apparatus or medical device 100 includes an elongate member 110, a tissue anchor (or fixation device) 120, and a retention member 130. The illustrated embodiment also includes a pusher 140.

The apparatus 100 is configured to be inserted into a body of a patient such that at least a portion of the apparatus 100 is disposed within the body of the patient. As will be discussed in more detail below, the apparatus is configured to be placed adjacent a desired coupling or fixation location within the body.

The elongate member 110 includes a first end portion 112 and a second end portion 114. The elongate member 110 defines a lumen 116 (shown in dashed lines in FIG. 1). In some embodiments, the lumen 116 extends from the first end portion 112 to the second end portion 114. In some embodiments, the elongate member 110 defines an opening at the first end portion 112 and an opening at the second end portion 114 and the lumen 116 extends between the opening at the first end portion 112 and the opening at the second end portion 114. In other embodiments, the lumen only extends through a portion of the length of the elongate member 110. The lumen 116 is configured to receive and house various components of the apparatus 100 as will be described in detail below.

The tissue anchor or fixation device 120 is configured to be placed within a body of a patient and to be fixedly coupled to a portion of the body of the patient. For example, in some embodiments, the tissue anchor 120 is configured to engage a bodily implant and be coupled to body tissue within the body of the patient to fixedly couple the implant to the body tissue.

In some embodiments, the tissue anchor or fixation device 120 includes a first arm portion 122, a second arm portion 124, and a base portion 126 disposed between the first arm portion 122 and the second arm portion 124. The tissue anchor 120 is configured to be disposed in a first configuration and a second configuration. For example, in some embodiments the tissue anchor 120 is in an extended configuration or position when the tissue anchor 120 is in its first configuration and is in a collapsed configuration or position when the tissue anchor 120 is in its second configuration. In some embodiments, the first arm 122 and the second arm 124 of the tissue anchor 120 are disposed in a linear or substantially linear configuration when the tissue anchor 120 is disposed in its first configuration. The first arm 122 and the second arm 124 of the tissue anchor are disposed in a curved configuration when the tissue anchor 120 is in its second configuration.

In some embodiments, the tissue anchor 120 is configured to be disposed within the lumen 116 defined by the elongate member 110 while the tissue anchor 120 is in its first configuration. In some embodiments, the entire tissue anchor 120 is configured to be disposed within the lumen 116. In some embodiments, the tissue anchor 120 includes a tissue piercing portion. The tissue piercing portion is configured to pierce or be inserted into bodily tissue. In such embodiments, the tissue piercing portion is configured to be disposed within the lumen 116 defined by the elongate member 110 while the tissue anchor 120 is in its first configuration.

In the illustrated embodiment, the apparatus 100 includes a retention member 130. The retention member 130 is disposed within the lumen 116 defined by the elongate member 110. The retention member 130 is configured to engage the tissue anchor 120 while the tissue anchor 120 is disposed in the lumen 116 to help retain the tissue anchor 120 in its first configuration.

In some embodiments, the retention member 130 is formed of a resilient material and includes a first portion and a second portion. The first portion is configured to engage the first arm portion 122 of the tissue anchor 120 to help retain the first arm portion 122 of the tissue anchor 120 in a substantially linear configuration or position. The second portion of the retention member 130 is configured to engage the second arm portion 124 of the tissue anchor 120 to help retain the second arm portion 124 of the tissue anchor 120 in a substantially linear configuration or position.

In some embodiments, the retention member 130 includes a flexible portion that is configured to flex from a first orientation or configuration to a second orientation or configuration. For example, in some embodiments, the flexible portion is configured to move from its first orientation to its second orientation to allow the tissue anchor 120 to pass by and be moved away from the retention member. In some embodiments, the flexible portion is biased to its first orientation or configuration.

In the illustrated embodiment, the apparatus 100 includes a pusher 140. The pusher 140 is configured to be disposed within the lumen 116 defined by the elongate member 110. For example, in some embodiments, the pusher 140 is configured to be disposed within the lumen 116 such that a portion of the pusher 140 is disposed within the lumen 116 and a portion of the pusher 140 is disposed outside of the lumen 116.

The pusher 140 is configured to move from a first location to a second location with respect to the elongate member 110. For example, in some embodiments, the pusher 140 is configured to move from a first location within the lumen

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116 to a second location within the lumen 116 different than the first location. The pusher 140 is configured to contact the tissue anchor 120 while the tissue anchor 120 is disposed within the lumen 116 and force the tissue anchor 120 out of the lumen 116 defined by the elongate member 110. For example, in some embodiments, when the pusher 140 is at its first position within the lumen 116 the pusher 140 does not contact the tissue anchor 120. As the pusher 140 is moved from its first position to its second position, the pusher 140 contacts the tissue anchor 120 and moves the tissue anchor 120 within the lumen 116. In some embodiments, the pusher 140 is configured to expel or push the tissue anchor 120 to a location outside of the lumen 116 when the pusher 140 is in its second position.

In some embodiments, the lumen 116 defined by the elongate member 110 is configured to house or receive a plurality of tissue anchors. For example, in some embodiments, the lumen 116 of the elongate member 110 is configured to house or receive two tissue anchors. In some embodiments, the tissue anchors may be disposed serially or end to end within the lumen 116. In such embodiments, the pusher 140 may be configured to contact and move one of the tissue anchors, which may in turn be configured to contact and move the other of the tissue anchors.

In use, a tissue anchor 120 may be disposed within the lumen 116 defined by the elongate member 100 such that the tissue anchor 120 is retained in its first or expanded configuration (i.e., such that the first arm portion 122 and the second arm portion 124 of the tissue anchor 120 are disposed in a linear configuration). The apparatus 100 may then be inserted into a body of a patient. For example, in some implementations, the apparatus 100 may be inserted into a body of a patient through a vaginal incision. An end portion, such as the second end portion 114 (a distal end portion) of the elongate member 110 may be disposed adjacent to the bodily tissue into which the tissue anchor 120 is to be inserted. In some embodiments, a bodily implant, such as a mesh type bodily implant, may be disposed between the second end portion 114 of the elongate member 110 and the tissue.

The pusher 140 may then be moved with respect to the elongate member 110 within the lumen 116 defined by the elongate member 110. For example, the pusher may be moved from a first position to a second position. As the pusher is moved from its first position or location within the lumen 116 to its second position or location within the lumen 116, the pusher 140 contacts and moves the tissue anchor 120 from a location within the lumen 116 to a location outside of the lumen.

In some embodiments, as the tissue anchor 120 is moved to a location or position outside of the lumen 116, the tissue anchor 120 will pierce the bodily implant and the desired tissue. Additionally, once the tissue anchor 120 is disposed outside of the lumen (and away from the retainer 130), the tissue anchor 120 will assume its second configuration. In other words, the first arm portion 122 and the second arm portion 124 will assume their curved configurations. Accordingly, the tissue anchor 120 will be embedded within the bodily tissue and the first arm portion 122 and the second arm portion 124 will grasp or secure a portion of the bodily tissue to fixedly couple the tissue anchor 120 (and the bodily implant) to the bodily tissue.

In some embodiments, the medical device includes a second tissue anchor. In such embodiments, the medical device may then be moved to another location within the body (and disposed adjacent different or another portion of

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bodily tissue). The second tissue anchor may then be inserted to such portion of bodily tissue.

FIG. 2 is a perspective view of an apparatus or medical device 200 according to an embodiment of the invention. FIG. 3A is a break away side view of the apparatus 200 in a first configuration. FIG. 3B is a break away side view of the apparatus 200 in a second configuration. The apparatus 200 includes an elongate member 210, a tissue anchor (or fixation device) 220, and a retention member 230. The illustrated embodiment also includes a pusher 440.

The apparatus 200 is configured to be inserted into a body of a patient such that at least a portion of the apparatus 200 is disposed within the body of the patient. In some embodiments, the apparatus 200 is configured to be inserted into a body of a patient such that a distal end portion 214 of the elongate member 210 is disposed adjacent a desired coupling or fixation location within the body.

The elongate member 210 includes a first or proximal end portion 212 and the second or distal end portion 214. The elongate member 210 defines a lumen 216. In the illustrated embodiment, the lumen 216 extends from the first end portion 212 to the second end portion 214. In the illustrated embodiment, the elongate member 210 defines an opening 213 at the first end portion 212 and an opening 215 at the second end portion 214 and the lumen 216 extends between the opening 213 at the first end portion 212 and the opening 215 at the second end portion 214. In other embodiments, the lumen only extends through a portion of the length of the elongate member.

The lumen 216 is configured to receive and house various components of the apparatus 200 as will be described in detail below.

FIG. 7 is a perspective view of the tissue anchor or fixation device 220 in a first configuration. FIG. 8 is a side view of the tissue anchor 220 in a second configuration. The tissue anchor or fixation device 220 is configured to be placed within a body of a patient and to be fixedly coupled to a portion of the body of the patient. For example, in some embodiments, the tissue anchor 220 is configured to engage a bodily implant and be coupled to body tissue within the body of the patient to fixedly couple the implant to the body tissue. In other embodiments, the tissue anchor or fixation device 220 is configured to couple a first bodily tissue portion to a second bodily tissue portion.

The tissue anchor or fixation device 220 includes a first arm portion 222, a second arm portion 224, and a base portion 226 disposed between the first arm portion 222 and the second arm portion 224. The tissue anchor 220 is configured to be disposed in a first configuration (as illustrated in FIG. 7) and a second configuration (as illustrated in FIG. 8). The tissue anchor 220 is in an extended configuration or position when the tissue anchor 220 is in its first configuration and is in a collapsed configuration or position when the tissue anchor 220 is in its second configuration. In the illustrated embodiment, the first arm 222 and the second arm 224 of the tissue anchor 220 are disposed in a linear or substantially linear configuration when the tissue anchor 220 is disposed in its first configuration. The first arm 222 and the second arm 224 of the tissue anchor are disposed in a curved configuration when the tissue anchor 220 is in its second configuration. In the illustrated embodiment, the first arm portion 222 and the second arm portion 224 cross when the tissue anchor 220 is in its second configuration.

In some embodiments, the tissue anchor 220 is biased to its second configuration (as illustrated in FIG. 8). In other words, in some embodiments, the tissue anchor 220 is biased to a configuration in which the first arm portion 222 and the

second arm portion **224** are in a curved configuration. In some embodiments, the tissue anchor **220** is formed of a shape member material. For example, in some embodiments, the tissue anchor **220** is formed of nitinol or a shape memory polymer.

In the illustrated embodiment, the tissue anchor includes a first tissue piercing portion **223** and a second tissue piercing portion **225**. The first tissue piercing portion **223** is disposed at an end portion of the first arm portion **222** (opposite the base portion **226**). The second tissue piercing portion **225** is disposed at an end portion of the second arm portion **224** (opposite the base portion **226**). The first and second tissue piercing portions **223** and **225** are configured to pierce bodily tissue when the tissue anchor **220** is placed against or into bodily tissue. In some embodiments, the tissue piercing portions **223** and **225** include sharp portions configured to pierce bodily tissue.

The tissue anchor **220** is configured to be disposed within the lumen **216** defined by the elongate member **210** while the tissue anchor **220** is in its first configuration. In some embodiments, the entire tissue anchor **220** is configured to be disposed within the lumen **216**. In the illustrated embodiment, the tissue piercing portions **223** and **225** are configured to be disposed within the lumen **216**. For example, the tissue piercing portions **223** and **225** are configured to be inserted into the body of the patient.

In the illustrated embodiment, the tissue anchor **220** is integrally or monolithically formed. In other words, the first arm portion **222**, the second arm portion **224**, and the base portion **226** are formed of a single piece of material. In other embodiments, the portions of the tissue anchor are formed of separate pieces of material. In some such embodiments, the first arm portion and the second arm portion may be movably coupled to the base portion **226**. The tissue anchor may include a bias member configured to bias the movably arm members into their expanded configurations.

FIG. 4 is an end view of the apparatus **200**. FIG. 5 is a perspective view of the retention member **230**. The retention member **230** is disposed within the lumen **216** defined by the elongate member **210**. The retention member **230** is configured to engage the tissue anchor **220** while the tissue anchor **220** is disposed in the lumen **216** to help retain the tissue anchor **220** in its first configuration.

In the illustrated embodiment, the retention member **230** is formed of a resilient material such as a resilient, shape member polymer. The retention member includes a first portion **232** and a second portion **234**. The first portion **232** is configured to engage the first arm portion **222** of the tissue anchor **220** to help retain the first arm portion **222** of the tissue anchor **220** in a substantially linear configuration or position. Specifically, in the illustrated embodiment, the first portion **232** of the retention member **230** is configured to engage the first arm portion **222** of the tissue anchor **220** when the tissue anchor **220** is disposed within the lumen **216** of the elongate member **210**. The second portion **234** of the retention member **230** is configured to engage the second arm portion **224** of the tissue anchor **220** to help retain the second arm portion **224** of the tissue anchor **220** in a substantially linear configuration or position when the tissue anchor **220** is disposed within the lumen **216**.

In the illustrated embodiment, the retention member **130** includes a flexible portion **236** that is configured to flex from a first orientation or configuration to a second orientation or configuration. For example, in some embodiments, the flexible portion is configured to move from its first orientation in the direction of arrow A to its second orientation to allow

the tissue anchor **220** to pass by and be moved away from the retention member. In some embodiments, the flexible portion **236** is biased to its first orientation or configuration.

The apparatus **200** includes a pusher **240**. The pusher **240** is configured to be disposed within the lumen **216** defined by the elongate member **210**. For example, the pusher **240** is configured to be disposed within the lumen **216** such that a portion of the pusher **240** is disposed within the lumen **216** and a portion of the pusher **240** is disposed outside of the lumen **216**. In the illustrated embodiment, the pusher includes an actuator **242**.

The pusher **240** is configured to move from a first location to a second location with respect to the elongate member **210**. For example, in the illustrated embodiment, the pusher **240** is configured to move from a first location within the lumen **216** to a second location within the lumen **216** different than the first location. The pusher **240** is configured to contact the tissue anchor **220** while the tissue anchor **220** is disposed within the lumen **216** and force the tissue anchor **220** out of the lumen **216** defined by the elongate member **210**. When the pusher **240** is at its first position within the lumen **216** the pusher **240** does not contact the tissue anchor **220** (as illustrated in FIG. 3A). As the pusher **240** is moved from its first position to its second position (for example in the direction of arrow A), the pusher **240** contacts the tissue anchor **220** and moves the tissue anchor **220** within the lumen **216**. As illustrated in FIG. 3B, in the illustrated embodiment, the pusher **240** is configured to expel or push the tissue anchor **220** to a location outside of the lumen **216** when the pusher **240** is in its second position.

In some embodiments, the pusher **240** is biased to its first position (the position in which it does not contact or place force on the tissue anchor **220**). In the illustrated embodiments, the apparatus **200** includes bias mechanism **270**. The bias mechanism **270** is configured to force or bias the pusher **240** into its first position within the lumen **216**. The bias mechanism **270** includes a first contact portion **272** coupled within the lumen **216**, a second contact portion **274** coupled to the pusher **240**, and a spring member **276** disposed between the first contact portion **272** and the second contact portion **274**. The bias member **276** is configured to engage the first contact portion **272** and the second contact portion **274** and to bias the first contact portion **272** away from the second contact portion **274**.

In some embodiments, the first contact portion **272** of the bias mechanism **270** is a single member that extends circumferentially about the internal surface of the lumen **216**. In other embodiments, the first contact portion **272** includes one or more portions disposed about the internal surface of the lumen **216**. In some embodiments, the first contact portion **272** is integrally or unitarily formed with the elongate member **210**.

In some embodiments, the second contact portion **274** of the bias mechanism **270** is a single member that extends circumferentially about the pusher **240**. In other embodiments, the second contact portion **274** includes one or more portions disposed on the pusher **240**. In some embodiments, the second contact portion **274** is integrally or unitarily formed with the pusher **240**.

In the illustrated embodiment, the bias member **276** is a spring member. In other embodiments, the bias member **274** is a different type of member configured to bias the first contact portion **272** away from the second contact portion **274**.

In the illustrated embodiment, the pusher **240** includes an actuator **242**. The actuator **242** is configured to facilitate the movement of the pusher **240** from its first position to its

second position. For example, the actuator **242** is configured to be engaged by a user (such as a figure of a physician) to allow the user to force the pusher **240** from its first position to its second position.

In the illustrated embodiment, the apparatus **200** includes a stop mechanism **290**. The stop mechanism **290** is configured to prevent the pusher from moving too far within the lumen **216** defined by the elongate member **210**. For example, the stop mechanism **290** is configured to prevent the pusher from moving to a location distally or beyond its second position.

In the illustrated embodiment, the stop mechanism **290** includes a projection **292** that extends from a location outside of the lumen **216** to a location inside of the lumen **216**. The projection **292** is pivotally coupled to member **298** which is fixedly coupled to the elongate member **210**. The projection **292** extends through an opening **219** defined by the elongate member **210**. The projection **292** is configured to move from a first position to a second position and is biased to its first position. In the illustrated embodiment, a bias member **294**, such as a spring member, is configured to bias the projection **292** to its first position. When the projection **292** is in its first position, it is configured to engage a receiving portion **249** of the pusher **240**. The engagement of the projection **292** with the receiving portion **249** (as illustrated in FIG. 3B) helps prevent the pusher **240** from moving beyond or distally of its second position. In some embodiments, the engagement of the projection **292** with the receiving portion **249** will provide an indication to the user (such as the physician) that the pusher **240** has reached its second position (and the tissue anchor **220** has been expelled or pushed out of the lumen **216**).

When the projection **292** is in its second position it does not engage the receiving portion **249** of the pusher **240**. Accordingly, the pusher **240** is moved back to its first position. In the illustrated embodiment, a user may depress the projection **292** against the bias member **294** to pivot the projection **292** with respect to member **298** to its second position. The bias mechanism **270** may then move or bias the pusher **240** back to its first position.

FIG. 6A is an end view of an apparatus **300** that includes an elongate member **300** and a retention member **330** according to an embodiment of the invention. FIG. 6B is a perspective view of the retention member **330**. The retention member **330** is disposed within the lumen **316** defined by the elongate member **310**. The retention member **330** is configured to engage the tissue anchor **320** while the tissue anchor **320** is disposed in the lumen **316** to help retain the tissue anchor **320** in its first configuration.

In the illustrated embodiment, the retention member **330** is formed of a resilient material such as a resilient, shape member polymer. The retention member includes a first portion **332** and a second portion **334**. The first portion **332** is configured to engage the first arm portion **322** of the tissue anchor **320** to help retain the first arm portion **322** of the tissue anchor **320** in a substantially linear configuration or position. Specifically, in the illustrated embodiment, the first portion **332** of the retention member **330** is configured to engage the first arm portion **322** of the tissue anchor **320** when the tissue anchor **320** is disposed within the lumen **316** of the elongate member **310**. The second portion **334** of the retention member **330** is configured to engage the second arm portion **324** of the tissue anchor **320** to help retain the second arm portion **324** of the tissue anchor **320** in a substantially linear configuration or position when the tissue anchor **320** is disposed within the lumen **316**.

The illustrated embodiments, illustrate the retention member being separate from the elongate member. In such embodiments, the retention member is disposed within the lumen of the elongate member and is coupled to the elongate member. For example, the retention member may be coupled within the lumen defined by the elongate member via an adhesive or other coupling mechanism. In other embodiments, the retention member is integrally or monolithically formed with the elongate member.

In some embodiments, the lumen defined by the elongate member is configured to house or receive a plurality of tissue anchors. FIG. 9 is a break away side view of an apparatus **400** according to another embodiment. As illustrated, the elongate member **410** of the apparatus **400** defines a lumen **416**. A plurality of tissue anchors **420**, **428** and **429** are disposed within the lumen **416** and retained in their expanded configuration. The tissue anchors **420**, **428**, and **429** are disposed within the lumen **416** in an end to end relationship. Said another way, the distal end portion of tissue anchor **420** is disposed adjacent a proximal end portion of tissue anchor **428**. Similarly, a distal end portion of tissue anchor **428** is disposed adjacent a proximal end portion of tissue anchor **429**.

In the illustrated embodiment, each of the tissue anchors **420**, **428**, and **429** may be placed into bodily tissue. Specifically, each tissue anchor **420**, **428**, and **429** may be placed in different bodily tissue or different portions of bodily tissue. As the pusher **440** is advanced within the lumen **416** defined by the elongate member, the pusher may contact and advance tissue anchor **420**, which will contact and advance tissue anchor **428**, which will contact and advance tissue anchor **429** to a location outside of the body. The apparatus **400** may then be moved within the body of the patient (adjacent another portion of bodily tissue) and the pusher may be moved to force tissue anchor **428** to a location outside of the lumen **416** and into the bodily tissue.

FIG. 10 is a perspective view of an apparatus **500** according to another embodiment of the invention. The apparatus **500** includes a cassette **580**. The cassette **580** houses a plurality of tissue anchors **520**. The cassette **580** is coupled to the elongate member **510** such that the cavity that houses the tissue anchors **520** communicates with the lumen defined by the elongate member **510**. For example, in some embodiments, the cavity that houses the tissue anchors **520** communicates with the lumen defined by the elongate member **510** via an opening in the sidewall of the elongate member **510**.

The cassette **580** is configured to advance the plurality of tissue anchors that are housed therein into position within the lumen of the elongate member **510** in response a tissue anchor being expelled from the lumen of the elongate member **510**. For example, in some embodiments, the cassette **580** may include a bias mechanism configured to advance the tissue anchors into the lumen defined by the elongate member **510**.

FIG. 11 illustrates a tissue anchor **620** engaged with an implant **695** and bodily tissue BT. As illustrated, the tissue anchor **620** extends through the implant **695** and into bodily tissue. The tissue anchor **620** is disposed in its second configuration. Accordingly, the arm portions of the tissue anchor **620** are curved and are configured to help couple the tissue anchor **620** (and the implant **695**) to the bodily tissue BT. In some embodiments, the arm portions of the tissue anchor **620** are configured to grasp bodily tissue to help secure or couple the tissue anchor **620** (and the implant **695**) to the bodily tissue BT.

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The implant **695** is configured to be placed with a body of a patient. In some embodiments, the implant **695** is configured to be placed within a body of a patient such that it provides support to a portion of the body of the patient. The implant may be formed of any biocompatible material. For example, the implant **695** may be formed of a natural or synthetic material or a combination of such materials. In the illustrated embodiment, the implant **695** includes a mesh portion.

FIG. **12** schematically illustrates an implant **795** disposed within a pelvic region of a patient. The end portions of the implant **795** are coupled to bodily tissue via tissue anchors **720** and **725**. The implant **795** extends beneath the urethra U of the patient and is configured to provide support to the urethra U. In some embodiments, the implant **795** may be inserted into the body of the patient (using an apparatus as described above) via an incision in the wall of the vagina V.

FIG. **13** schematically illustrates an implant **895** disposed within a pelvic region of a patient. The end portions or arms of the implant **895** are coupled to bodily tissue via tissue anchors **820**, **825**, **826**, and **827**. The implant **895** extends beneath the bladder B of the patient and is configured to provide support to the bladder B. In some embodiments, the implant **895** may be inserted into the body of the patient (using an apparatus as described above) via an incision in the wall of the vagina V.

FIG. **14** is a flow chart of a method **900** of placing a tissue anchor within bodily tissue according to an embodiment of the invention. At **910**, a medical device is inserted into a body of the patient. In some embodiments, the medical device includes an elongate member defining a lumen and a tissue anchor disposed within the lumen. The tissue anchor has a first configuration in which an arm portion of the tissue anchor is substantially linear and a second configuration in which the arm portion is non-linear. The tissue anchor is biased to its first configuration. At **920**, the tissue anchor is retained in its first configuration while the tissue anchor is disposed within the lumen defined by the elongate member. At **930**, the tissue anchor is moved from a location within the lumen defined by the medical device to a location outside of the lumen.

In some embodiments, the tissue anchor is disposed within the lumen such that the entire tissue anchor is disposed within the lumen. In some embodiments, the tissue anchor is disposed within the lumen such that a tissue piercing portion of the tissue anchor is disposed within the lumen. In some embodiments, the moving of the tissue anchor includes engaging the tissue anchor with a pusher that is movably disposed within the lumen.

In one embodiment, a medical device includes an elongate member defining a lumen and a tissue anchor. The elongate member has a retention member disposed within the lumen. The tissue anchor has a first arm portion, a second arm portion, and a base portion extending between the first arm portion and the second arm portion. The tissue anchor has a first configuration and a second configuration. The first arm portion is substantially linear when the tissue anchor is in its first configuration. The first arm portion is non-linear when the tissue anchor is in its second configuration. The tissue anchor is biased to its second configuration. The tissue anchor is configured to be disposed within the lumen defined by the elongate member such that the retention member engages the tissue anchor to help retain the tissue anchor in its first configuration.

In some embodiments, the first arm portion of the tissue anchor includes a tissue piercing portion. The tissue anchor is configured to be disposed within the lumen defined by the

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elongate member such that the tissue piercing portion is disposed within the lumen defined by the elongate member. In some embodiments, the tissue anchor is configured to be disposed within the lumen defined by the elongate member such that the entire tissue anchor is disposed within the lumen.

In some embodiments, the medical device includes a pusher disposed within the lumen defined by the elongate member. The pusher is configured to move from a first position within the lumen to a second position within the lumen. The first position within the lumen being different than the second position within the lumen.

In some embodiments, the medical device includes a pusher slidably disposed within the lumen defined by the elongate member. The pusher is configured to engage the tissue anchor and move the tissue anchor from a position within the lumen to a location outside of the lumen.

In some embodiments, the retention member includes a first portion configured to engage the first arm portion of the tissue anchor and a second portion configured to engage the second arm portion of the tissue anchor. In some embodiments, the retention member includes a first portion configured to engage the first arm portion of the tissue anchor and a second portion configured to engage the second arm portion of the tissue anchor. The second portion of the retention member is configured to help retain the second arm portion in a substantially linear configuration. In some embodiments, the retention member includes a flexible portion having a first configuration and a second configuration. The flexible portion is configured to be moved to from its first configuration to its second configuration to allow a movement of the tissue anchor within the lumen defined by the elongate member. In some embodiments, the retention member includes a flexible portion having a first configuration and a second configuration. The flexible portion is configured to be moved to from its first configuration to its second configuration to allow a movement of the tissue anchor within the lumen defined by the elongate member. The flexible portion of the retention member is biased to its first position.

In some embodiments, the tissue anchor is a first tissue anchor and the medical device includes a second tissue anchor having a first arm portion, a second arm portion, and a base portion extending between the first arm portion and the second arm portion. The second tissue anchor has a first configuration and a second configuration. The first arm portion is substantially linear when the tissue anchor is in its first configuration. The first arm portion is non-linear when the tissue anchor is in its second configuration. The second tissue anchor is biased to its second configuration. The second tissue anchor is configured to be disposed within the lumen defined by the elongate member while the first tissue anchor is disposed within the lumen such that the retention member engages the second tissue anchor to help retain the second tissue anchor in its first configuration.

In some embodiments, an apparatus includes an elongate member having a first end portion and a second end portion, a retention member, and a pusher. The elongate member defines a lumen configured to receive a tissue anchor such that a tissue piercing portion of the tissue anchor is disposed within the lumen. The retention member is disposed within the lumen defined by the elongate member. The retention member is configured to help retain at least a portion of the tissue anchor in a linear configuration. The pusher is configured to move within the lumen from a first position within the lumen to a second position within the lumen. The pusher is configured contact and force the tissue anchor from a

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location within the lumen to a location outside of the lumen in response to the pusher being moved from the first position to the second position.

In some embodiments, the tissue anchor is a first tissue anchor, the lumen defined by the elongate member is configured to receive a second tissue anchor such that a tissue piercing portion of the second tissue anchor is disposed within the lumen.

In some embodiments, the apparatus includes an actuator operatively coupled to the pusher and configured to move the positioner from its first position within the lumen to its second position within the lumen. In some embodiments, the pusher is biased to its first position.

In some embodiments, the apparatus includes a bias member disposed within the lumen and configured to engage the pusher and bias the pusher in its first position. In some embodiments, the apparatus includes a retainer configured to engage a portion of the pusher when the pusher is in its second position and help retain the pusher in its second position.

In some embodiments, a method of placing an anchor within a body of a patient, includes inserting a medical device within the body of the patient, the medical device includes an elongate member defining a lumen, and a tissue anchor disposed within the lumen, the tissue anchor having a first configuration in which an arm portion of the tissue anchor is substantially linear and a second configuration in which the arm portion is non-linear, the tissue anchor being biased to its first configuration; retaining the tissue anchor in its first configuration while the tissue anchor is disposed within the lumen defined by the elongate member; and moving the tissue anchor from a location within the lumen defined by the medical device to a location outside of the lumen.

In some embodiments, the retaining includes retaining the tissue anchor in its first configuration while the entire tissue anchor is disposed within the lumen defined by the elongate member. In some embodiments, the retaining includes retaining the tissue anchor in its first configuration while a tissue piercing portion of the tissue anchor is disposed within the lumen defined by the elongate member.

In some embodiments, the moving includes engaging the tissue anchor with a pusher of the medical device.

While certain features of the described implementations have been illustrated as described herein, many modifications, substitutions, changes and equivalents will now occur to those skilled in the art. It is, therefore, to be understood that the appended claims are intended to cover all such modifications and changes as fall within the scope of the embodiments.

What is claimed is:

1. A medical device, comprising:

an elongate member defining a lumen, the elongate member having a retention member disposed within the lumen, the retention member including a first portion, a second portion, and a third portion, the third portion being disposed between the first portion and the second portion;

a pusher configured to be at least partially disposed within the lumen defined by the elongate member, the pusher being configured to move from a first position within the lumen to a second position within the lumen in a first direction; and

a tissue anchor having a first arm portion, a second arm portion, and a base portion extending between the first arm portion and the second arm portion, the tissue anchor having a first configuration and a second con-

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figuration, the first arm portion being substantially linear when the tissue anchor is in the first configuration, the first arm portion being non-linear when the tissue anchor is in the second configuration, the tissue anchor being biased to the second configuration,

the tissue anchor being configured to be disposed within the lumen defined by the elongate member such that the first portion of the retention member engages the first arm portion of the tissue anchor and the second portion of the retention member engages the second arm portion of the tissue anchor to help retain the tissue anchor in the first configuration,

the pusher is configured to push the tissue anchor out of the lumen by moving from the first position to the second position in the first direction, wherein when moving from the first position to the second position, the third portion of the retention member is configured to flex in the first direction from a first orientation to a second orientation to permit the tissue anchor to move beyond the retention member.

2. The medical device of claim 1, wherein the first arm portion of the tissue anchor includes a tissue piercing portion, the tissue anchor being configured to be disposed within the lumen defined by the elongate member such that the tissue piercing portion is disposed within the lumen defined by the elongate member.

3. The medical device of claim 1, wherein the tissue anchor is configured to be disposed within the lumen defined by the elongate member such that the entire tissue anchor is disposed within the lumen.

4. The medical device of claim 1, wherein the third portion of the retention member is biased to the first orientation.

5. The medical device of claim 1, wherein the pusher includes a proximal end portion, the proximal end portion of the pusher extending linearly from a proximal end of the elongate member.

6. The medical device of claim 1, wherein the first arm portion and the second arm portion cross when the tissue anchor is in the second configuration.

7. The medical device of claim 1, further comprising:
a projection extending from a location outside of the lumen to a location inside the lumen, the projection configured to engage with the pusher to assist with preventing the pusher from moving distally beyond the second position,

wherein the pusher defines a recess, and the projection is configured to engage the recess when the pusher is in the second position.

8. The medical device of claim 1, wherein the retention member includes a polymer material.

9. The medical device of claim 1, further comprising:
a bias mechanism configured to bias the pusher to the first position within the lumen of the elongate member, the bias mechanism including a first contact portion coupled within the lumen of the elongate member, a second contact portion coupled to the pusher, and a biasing member disposed between the first contact portion and the second contact portion, wherein the biasing member includes a spring.

10. The medical device of claim 1, the tissue anchor being a first tissue anchor, the medical device further comprising:
a second tissue anchor having a first arm portion, a second arm portion, and a base portion extending between the first arm portion of the second tissue anchor and the second arm portion of the second tissue anchor, the second tissue anchor having a first configuration and a

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second configuration, the first arm portion of the second tissue anchor being substantially linear when the second tissue anchor is in the first configuration, the first arm portion of the second tissue anchor being non-linear when the second tissue anchor is in the second configuration, the second tissue anchor being biased to the second configuration,

the second tissue anchor being configured to be disposed within the lumen defined by the elongate member while the first tissue anchor is disposed within the lumen such that the retention member engages the second tissue anchor to help retain the second tissue anchor in its first configuration.

11. An apparatus comprising:

- a elongate member having a first end portion and a second end portion, the elongate member defining a lumen configured to receive a tissue anchor such that a tissue piercing portion of the tissue anchor is disposed within the lumen;
- a retention member disposed within the lumen defined by the elongate member, the retention member being configured to help retain at least a portion of the tissue anchor in a linear configuration, the retention member including a first portion, a second portion, and a third portion, the third portion being disposed between the first portion and the second portion; and
- a pusher configured to move within the lumen from a first position within the lumen to a second position within the lumen in a first direction, the pusher including a first portion disposed outside the lumen via a first opening defined by the first end portion of the elongate member, the first portion of the pusher extending proximally from the first end portion of the elongate member, the pusher including a second portion disposed inside the lumen, the pusher being configured contact and force

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the tissue anchor from a location within the lumen to a location outside of the lumen via a second opening defined by the second end portion of the elongate member in response to the pusher being moved from the first position to the second position,

wherein, when the pusher is moved from the first position to the second position, the third portion of the retention member flexes in the first direction from a first orientation to a second orientation to permit the tissue anchor to move beyond the retention member.

12. The apparatus of claim **11**, wherein the tissue anchor is a first tissue anchor, and the lumen defined by the elongate member is configured to receive a second tissue anchor such that a tissue piercing portion of the second tissue anchor is disposed within the lumen.

13. The apparatus of claim **11**, further comprising: an actuator operatively coupled to the pusher and configured to move the pusher from the first position within the lumen to the second position within the lumen.

14. The apparatus of claim **11**, wherein the pusher is biased to the first position.

15. The apparatus of claim **11**, further comprising a bias member disposed within the lumen and configured to engage the pusher and bias the pusher to the first position.

16. The apparatus of claim **11**, further comprising: a retainer configured to engage a portion of the pusher when the pusher is in the second position and help retain the pusher in the second position.

17. The apparatus of claim **11**, further comprising: a projection extending from a location outside of the lumen to a location inside the lumen, the projection configured to engage with a recess of the pusher to assist with preventing the pusher from moving distally beyond the second position.

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